

INSTRUCTIONS TO ALL ATHLETES IN 2009 BOYS & GIRLS STATE TRACK & FIELD FINALS

- 1. THERE ARE NO PETS, DOGS, CATS, ETC. ALLOWED IN THE FACILITY, EVEN IF THEY ARE ON A LEASH.** Also, do not bring IPODs, MP3 players, etc. in the facility. **YOUR COOPERATION WITH THESE TWO ITEMS IS EXPECTED.**
- 2. NO COOLERS WILL BE ALLOWED INTO THE FACILITY.**
3. The 2009 boys & girls state track finals will be held, rain or shine, at the EastSide Centre, East Peoria, Illinois on May 15-16.
4. **DIRECTIONS:** Traveling west on I-74: Take the Morton exit. At the end of exit ramp, turn left. Proceed south on this road until you come to the Shell Gas Station. Turn right at the stoplight next to the gas station. Stay on this road for approximately 5 miles. The EastSide Centre will be on your right. Turn right into the complex. The telephone number for EastSide is 309-698-5437
5. **ADMISSION.** There is only one admission area for spectators at the front of the facility. Gates open at 11:00 a.m. on Friday and 7:30 a.m. on Saturday. Daily admissions will be \$2.00 for grade school students and senior citizens and \$5.00 for high school students and adults. There will also be a \$4.00 charge for parking.
6. **RESULTS:** Results for all contestants will be posted near the Awards tent and will also be posted on the IESA website @ www.iesa.org.
7. **NO TENTS:** There is no space inside the track area for tents. In addition, nobody can sit under the bleachers as this area is blocked. Spectators and contestants can use the grassy knoll but tents may not be set up in this area.
8. **STATE MEET MERCHANDISE:** T-Shirts will be on sale. Shorts, hats, and tank tops will also be sold this year. You can pre-order t-shirts with Coach Beyers – orders are due by Tuesday!!!
9. **MOST IMPORTANT:** We expect to have a complete listing of all state qualifiers listed by heat and lane on the IESA web site by Tuesday at 5:00 p.m. prior to the state meet.

Specific to Saunemin Tracksters

1. We will pull out of the Saunemin parking lot by 9:00 am on Friday.
2. We will be staying at the Stoney Creek Inn, Phone: 309-694-1300, 101 Mariners Way, East Peoria (this is actually right on Rt 116)
3. Coach Beyers cell phone # is **(815) 848-0959**.
4. We will order pizza for Friday night's meal. Our rooms come with a breakfast buffet on Saturday morning. Tracksters should bring money for Friday lunch, Saturday lunch, snacks, and any souvenirs they may want to purchase (shorts, caps, etc.)
6. If you have any questions or concerns please feel free to call Shelly Beyers at school (832-4421) or at home (692-2185) before 8:30 pm

Time schedule for our tracksters is attached.

Coach Shelly Beyers and Coach Shannon Roahrig

APPROXIMATE TIME SCHEDULE FOR 2009 STATE TRACK MEET
EastSide Centre, East Peoria, IL

Class A, Friday-Saturday, May 15-16

Friday – May 15

12:00 p.m. 8G High Jump Finals (**Ashley J**); 7G to follow (**Sami B**)
 7G Long Jump Prelims & Finals (**Jorden G**)
 7G Discus Prelims & Finals (**Ashley H**); 8G to follow (**Caley R**)
 Running events will run continuously after they are started.

1:00 p.m. 7G low hurdle prelims (**Ashton F**)

2:00 p.m. 7G low hurdle semifinals (**Ashton F?**)

3:30 p.m. 7G 1600 M Run Finals; 7B, 8G (**Anna T**), 8B to follow

5:45 p.m. 7G 100 M Dash Prelims (**Jorden G**)

6:30 p.m. Semifinals for 100 M Dash (**Jorden G?**)

Saturday – May 16

9:00 a.m. 7B Discus Prelims & Finals; 8B to follow (**Stephen R**)
 Running events will run continuously after they are started.

9:00 a.m. 7G low hurdle finals (**Ashton F?**)

9:25 a.m. 7G 100 M Dash Finals (**Jorden G?**)

9:45 a.m. 7G 4x200 M Relay Finals (**Miranda B, Jorden G, Kaela H, Julie H**)

11:15 7G 4X100 M Relay Finals (**Sami B, Ashton F, Ashley H, Kelly P**)

12:30 p.m. **LUNCH BREAK-45 min break in running events**

1:15 p.m. 7G 200 M Dash Finals (**Kaela H and Julie H**)